

## CODE OF CONDUCT

FORDY RUNS Running Club (the “Club”) promotes high standards of behaviour. All Club Members ‘SOCIAL’ and ‘AFFILIATED’ required to comply with the Club Code of Conduct.

### Participants

It is important everyone within the Club acts in a way in which it never damages the Club and negatively impacts our membership when taking part in races, events, and Club sessions.

When taking part each participant agrees to:

- Always do your best;
- Represent the Club in the best possible way;
- Don't cheat, complain or waste time;
- No actions which could bring the Club into disrepute;
- No behaviour which negatively impacts the Club or its members
- Never swear or use rude or abusive language;
- Never be rude to other participants, spectators, volunteers or your coach/team;
- Do what the coach or leader says;
- Not question the coach or leader's decisions;
- Listen to the instruction and ask if you do not understand;
- Listen to your coach / leader and respect what he/she says;
- Talk to someone you trust, for example your parent if you are unhappy about anything at the club;
- Follow all Health and Safety instructions. Not following and any subsequent injury, damage or loss
- Adhere to latest Safeguarding rules
- is at the liability of the participant and not the Club;
- Do not damage any equipment or the facilities in which the session is taking place.
- Any damage and the parent(s) are liable to pay;

### Spectators

The Club expects supporters to:

- Remain outside of the session unless invited in by the coach
- Encourage and support all;
- Never engage in, or tolerate, offensive, insulting or abusive language or behaviour
- Be courteous and respectful to all coaches and volunteers
- Remember that participants take part for FUN;

### Disciplinary Process

Sanctions resulting from breaking the Club Code of Conduct can include:

1. Verbal warnings;
2. Written warnings;
3. Exclusion from a specified number of sessions;
4. Removal from the Club for all or part of the remainder of a season; or
5. Excluded from the Club for future season(s).

Valid until amended and this code of conduct is applicable to ALL members no matter when they joined FORDY RUNS Running Club. By being a Club member you must adhere to this code of conduct.