FR19 SERVICES 37 Copthorn Avenue Broxbourne Hertfordshire EN10 7RA

CODE OF CONDUCT

FORDY RUNS (the "Club") promotes high standards of behaviour. All Club Members are required to comply with the Club Code of Conduct.

Participants

It is important everyone behaves themselves when taking part in our sessions. When taking part each participant, you should:

- Always do their best;
- Don't cheat, complain or waste time;
- Never swear or use rude or abusive language;
- Never be rude to other participants, spectators, volunteers or your coach/team;
- Do what the coach or leader says;
- Not question the coach's decisions;
- Listen to the instruction and ask if you do not understand;
- Listen to your coach and respect what he/she says;
- Talk to someone you trust, for example your if you are unhappy about anything at the club;

• Follow all Health and Safety instructions. Not following and any subsequent injury, damage or loss

is at the liability of the participant and not the Club;

• Do not damage any equipment or the facilities in which the session is taking place. Any damage and the parent(s) are liable to pay

Spectators

The Club expects supporters to:

- Remain outside of the session unless invited in by the coach
- Encourage and support all;
- Never engage in, or tolerate, offensive, insulting or abusive language or behaviour
- Be courteous and respectful to all coaches and volunteers
- Remember that participants take part for FUN;
- Let the coaches do their job and not confuse the children by telling them what to do;

Disciplinary Process

Sanctions resulting from breaking the Club Code of Conduct can include:

- 1. Verbal warnings;
- 2. Written warnings;
- 3. Exclusion from a specified number of sessions;
- 4. Removal from the Club for all or part of the remainder of a season; or
- 5. Excluded from the Club for future season(s).

Valid until amended